



# March

## Programs-Services-Events

Mon	Tue	Wed	Thu	Fri
<b>Watch For Older Americans Day Celebration in May!</b>		<b>1</b> <b>9-11 Shopping</b> <b>12:00 UTEC</b> <b>1:00 Game Day</b>	<b>2</b>  <b>Pantry Open</b> <b>9-3</b>	<b>3</b> <b>10:45 Yoga</b>  <b>AARP Tax Prep @ Fire Station</b>
<b>6</b>  	<b>7</b> place your pantry order by 11 <b>9:00 3B Fitness</b> <b>9:00 Mobile Market</b> <b>11:30 –1:00 Pizza Party /Staff M&amp;G</b>	<b>8</b> <b>9-11 Shopping</b> <b>12:00 UTEC Box</b> <b>1:00 Game Day</b>	<b>9</b> <b>Van Trip– Holy Grail depart 10:45</b> <b>Pantry Open</b> <b>9-3</b>	<b>10</b> <b>10:45 Yoga</b>  <b>AARP @ Fire Station</b> 
<b>13</b>  <b>Legal Monday</b> <b>Call Atty. Dalton for phone appt.</b>	<b>14</b> <b>9:00 3B Fitness</b>  <b>11:00- Movie She Said</b> <b>place your pantry order by 11</b>	<b>15</b> <b>9:30 COA Board Meeting</b> <b>9-11 Shopping</b> <b>12:00 UTEC Box</b> <b>1:00 Game Day</b>	<b>16</b> <b>11:00 Traveling Chef—</b>  <b>Menu: Shepard’s pie, garden salad, dessert assorted pie</b>  <b>Pantry Open 9-3</b>	<b>17</b>  <b>10:45 Yoga</b>  <b>AARP Tax Prep @ Fire Station</b> <b>10:00 Rep. Ramos office hrs.</b>
<b>20</b>	<b>21</b> place your pantry order <b>9:00 3B Fitness</b> <b>10:00 Coffee hour with Rep. Adrienne Ramos</b> <b>12:00 Sen. Tarr office hrs.</b>	<b>22</b> <b>9-11 Shopping</b> <b>12:00 UTEC Box</b> <b>1:00 Game Day</b>	<b>23</b>  <b>10:30 Scam presentation w/ GPD</b>  <b>Pantry Open 9-3</b>	<b>24</b> <b>10:45 Yoga</b>  <b>AARP Tax Prep @ Fire Station</b>
<b>27</b> 9:00 Van Trip—PEM <b>11:00 Movie—Banghees of Inisherin</b> <b>1:30 Veterans’ Services Office Hrs.</b>	<b>28</b> place your pantry order by 11 <b>9:00 3B Fitness</b>	<b>29</b> <b>9-11 Shopping</b> <b>12:00 UTEC Box</b> <b>1:00 Game Day</b>	<b>30</b>  <b>Pantry Open</b> <b>9-3</b>	<b>31</b> <b>10:45 Yoga</b>  <b>AARP @ Fire Station</b>

# April 2023

## Programs-Services-Events

Mon	Tue	Wed	Thu	Fri
<b>3</b> <b>Van Trip</b> <b>10:45 - Poets Inn</b>	<b>4</b> <b>9:00 3B Fitness</b> <b>9:00 Mobile Market</b> <b>11:00 Move– A Man Named Otto</b> <b>Place your pantry order by 11</b>	<b>5</b> <b>9-11 Shopping</b> <b>12:00 UTEC Box</b> <b>10:00 Water color</b> <b>1:00 Game Day</b>	<b>6</b> <b>Pantry Open</b> <b>9-3</b> 	<b>7</b> <b>10:45 Yoga</b>  <b>AARP @ Fire Station</b>
<b>10</b> <b>Volunteer Appreciation Brunch</b>	<b>11</b> <b>9:00 3B Fitness</b> <b>place your pantry order by 11</b>	<b>12</b> <b>9-11 Shopping</b> <b>12:00 UTEC Box</b> <b>10:00 Water color</b> <b>1:00 Game Day</b>	<b>13</b>  <b>Pantry Open</b> <b>9-3</b>	<b>14</b>  <b>10:45 Yoga</b>
<b>17</b> <b>Closed Patriots Day</b> 	<b>18</b> <b>9:00 3B Fitness</b> <b>11:00 Movie– Alice Darling</b> <b>12:00 Sen. Tarr office hrs.</b> <b>place your pantry order by 11</b>	<b>19</b> <b>9:30 COA Board Meeting</b>  <b>9-11 Shopping</b> <b>10:00 Water color</b> <b>12:00 UTEC Box</b> <b>1:00 Game Day</b>	<b>20</b> <b>Pantry Open</b> <b>9-3</b>  <b>11:00 Travelling Chef</b> <b>Menu: Panini Grilled Italian Sandwich, fresh fruit salad</b>	<b>21</b>  <b>10:45 Yoga</b>  <b>10:00 Rep. Ramos office hrs.</b>
<b>24</b> <b>Town Meeting</b>  <b>1:30 Veterans' Services Office Hrs.</b>	<b>25</b> <b>9:00 3B Fitness</b>  <b>place your pantry order by 11</b>	<b>26</b> <b>9-11 Shopping</b> <b>10:00 Water color</b> <b>12:00 UTEC Box</b> <b>No Game Day</b>	<b>27</b>  <b>Pantry Open</b> <b>9-3</b> <b>9:00 Van Trip– Encore Casino</b>	<b>28</b>   <b>10:45 Yoga</b>