



# TOWN OF GROVELAND

BOARD OF PUBLIC HEALTH  
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## COVID-19 COMMUNITY ALERT

### GROVELAND BOARD OF HEALTH

NOVEMBER 3, 2022

Nationwide, but especially in the Northeast, we are expecting significant rise in Covid-19 Omicron subvariant presence through this fall and winter. Presently, Essex County is at a **MODERATE LEVEL**. The metrics we follow are steadily rising as are **Influenza and RSV infections**.

NOW IS THE TIME TO TIGHTEN UP PRECAUTIONS. We all enjoyed a “normalized summer”. But with the return of cool weather, indoor activities and groups of people proportionately increase exposure and infection risks. Hospitals are already seeing a surge.

- The Board of Health strongly encourages a common sense approach to prevention to control a surge. We support vaccination and boosters for Covid-19, flu shots, good sanitation and frequent hand washing and voluntary face masks where social distancing is not possible and in the presence of high risk individuals.

**PLEASE DO YOUR PART.** Please contact the Health Department with any questions and current guidelines going forward.

Please be advised Covid-19 test kits are available at the Health Department and Council on Aging.

Reviewed and Approved 11/3/22  
Groveland Board of Health