

BOARD OF DIRECTORS MEETING MINUTES 11/18/20

ATTENDING: Kathryn Alesse, Laurel Puchalski, Frank Sadowski, Anita Wright, Lynne Stanton

Dot DiChiara absent

CALL TO ORDER: Motion made by L. Puchalski, seconded by F.Sadowski at 9:35 a.m.

MINUTES:

Motion made by A. Wright to approve Minutes of 10/21/20 meeting, seconded by F.Sadowski.
 Voted unanimously

TREASURER REPORT:

- Budget sheet was reviewed as submitted by D. DiChiara, Treasurer.
- Motion to accept report by L. Puchalski, seconded by F. Sadowski Unanimously accepted.

DIRECTOR'S REPORT:

- L. Stanton has been busy with Medicare Open Enrollment time, taking on more requests from West Newbury, as their SHINE coordinator is ill.
- "Grab & Go lunch" event on November 4 at River Pines was sponsored by Altie Bird of North Shore Admissions/Marketing and was well received, distributing 60+ lunches. More "Grab & Go" lunches will be coming in the future.
- Friends of COA fundraising "Un-tea" event raised \$2900.
- Loneliness, boredom and depression continue with the elder population. Staff have received
 positive responses to their increased outreach phone calls. Discussion followed, and the Board
 volunteered to send cards to the most elderly residents in the next few months. L. Stanton will
 provide members with list of card recipients.

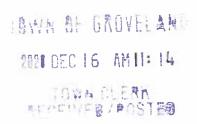
OTHER:

Discussion on whether or not to hold future meetings via ZOOM, as COVID rates are rising. L.
 Stanton will inquire about using the Town's ZOOM account for our meetings. We decided to tentatively continue with in-person meeting in December.

NEXT MEETING: December 16, 2020 9:30 a.m.

ADJOURNED: 11:05 am. Motion to adjourn by F. Sadowski, seconded by L. Puchalski. RESPECTFULLY SUBMITTED BY: Laurel Puchalski

Commonwealth of Massachusetts Executive Office of Elder Affairs FY 2020 Council on Aging Annual Report



Name of COA:	GROVELAND	Т.#:	978-372-1101	
Address:	183 Main St., Groveland MA	Zip Code:	01834	
Current Directo	or/Coordinator: Lynne Stanton	-		

Days and Hours of Operation: Covid Hours - Mon.- Thurs.: 7:30am-4:00pm and Fridays 8:00am-Noon

Annual Report Summary

A: Staff/ Other Support

# paid staff		5
Weekly Hours of Paid Service (full & part-time staff)		116
# of volunteers		55
Weekly Hours of Volunteer Service		~ .5
Unduplicated people served TOTAL		3,716
	75 or older	1,384
	59 or younger	197
	Women	2,436
	Men	1,280
	Other	
	Non-White	13
	White	3,703
	Nursing/Care Resident	
	1	

B: Budget

Municipal Appropriation	\$132,706
EOEA Appropriation	16,272
Donations	7,156
Other (Cultural Council)	400
Total Cash Budget	156,534
In-kind donation value	14,570

Please identify FY2020 program highlights. Use page 3 for additional notes. Thank you.

- 1. Grant recipient (along with West Newbury, Merrimac and Haverhill) from Elder Services of the Merrimack Valle/Northshore + Wadleigh Foundation to provide funding for new programming addressing unmet needs. We focused on technology (partnered with TMobile/Sprint for new tablets and training) and Outreach (lunch/learn programs).
- 2. We partnered with the Haverhill COA to provide food boxes to our folks in need. Through the UTEC group (young people volunteering in Lowell), we've been able to offer 10-12 10# food boxes each week. We've also increased Brown Bag participation and provide semi-monthly transportation to "The Market at Our Neighbors' Table" to our residents in need.
- 3. A Covid-19 Grant from Elder Services of the Merrimack Valley has enabled us to provide additional Outreach and Nutritional aid to our seniors.

ACTIVITIES (July 1, 2019 through June 30, 2020)

		Units of Service Hours unless otherwise specified	Unduplicated people served (please note "E" if estimated.)
Outreach/	General information services	856 (# inquiries)	530
Advocacy	Case Management/Advocacy	No ASAP data yet	
·	Health benefits counseling (SHINE)	138	104
	Outreach	207	125 (# new contacts)
Professional	Group support	(# sessions)	0
Services	Legal Assistance	23	18
	Financial Management	96	48
	Mental Health	60	5
Support	Food shopping assistance	47	2
Services	Social/supportive day care	(#days/week)	
	Friendly visiting	81	28
	Wellness check	856	530
	Durable medical equipment loan	4	4
	Employment Services	0	0
	Intergenerational programming	0	0
	Transportation (Total)	1,124 (# trips)	179
	Transportation (ambulatory)	1095 (# trips)	177
	Transportation (non-ambulatory)	29 (# trips)	2
	Home Repair	23	6
	Newsletter	6 (# issues/web hits)	8,724
Wellness	Health Screening	17 (# sessions)	
	Other health services (specify)		
	Fitness/exercise	515	62
	Congregate meals – NO SITE	10 (# meals)	141
	Grab and go	(# meals)	
	Home Delivered Meals	2,533 (# meals)	30
	Health Education	91	63
Other	Recreation/socialization	26 (# sessions)	188
	Cultural events	3 (# events)	47
	Community education	91	63

Services to People Under 60

	Units of Service (in # hours unless otherwise specified)	Unduplicated people served (write "E" after entry if estimated)
General Information	198	97
Transportation	144 (#rides)	6
Family Assistance	101	39
Other (specify)		

Please highlight or summarize notable COA activities from fiscal. (Accomplishments, challenges/concerns, initiatives, milestones, objectives that were not achieved. You may attach additional pages, as needed, as well as annual municipal COA reports.) Please write/print clearly.

- 1. Apart from the onset of the Covid-19 pandemic, a large challenge was the departure of our Outreach worker who moved on to a new position. That position was open for approx.. 6 months. Big gap. new staff member is knowledgeable (also works part time doing Spanish Outreach at the Haverhill Citizens' Center), caring and has been a positive addition to our staff.
- 2. The growth in our non-perishable food pantry has been substantial. We have been providing home deliveries for both grocery items and masks.
- 3. The COA's in the queue for a new town-funded van. It will be the town's first purchase for the COA in our 50 year history!
- 4. Although we have not obtained additional space for programs/events, we continue to seek additional ways to link with other town groups to expand and share space.

In-Kind

In-kind represents tangible goods or services considered essential for COA operations, but not paid for out of its budget. Please indicate which of the services below were provided to the COA in-kind with either an "X" or the estimated value, if known.

Item	Value	Item	Value
Site Space (gross square feet: 1,035)	18.000	Speakers/presenters	720
Transportation	1,200	Entertainers	750
Utilities	2,700	Furniture/equipment	
Van, garaging and service	500	Supplies	
Custodial/maintenance	1,200	Renovations	
Plowing/outside maintenance	1,000	Cable TV service	
Durable medical equipment	500	Food/food services	2,400
Recognition events		Books/videos/magazines	
Donated goods	1,800	Subscriptions	
Craft/garden workers		Intergenerational volunteers	
Senior Nutrition		Senior Aides	
Other (specify)		Other (specify)	

Estimated in-Kind Total (please copy this item into the last line of the budget table on page 1) \$14,570